

My background:

I have been teaching computer classes for 15 years and I have coached for 14 of those. I love the numbers aspect of football. The tendencies that coaches show over time and the way to attack those tendencies have always been my passion.

The Product:

This past season I designed an excel spreadsheet that will track the tendencies of an offense during a game.

Defensive coaches have always gone into a game with an idea of what the offense is going to do by stating all the trade films. Well now you can also stat the game as it unfolds and know what is going to happen.

Offense In-Game Tendency sheet is a way to predict what the offense is doing during the game. With simple data entry of r and l to determine where people are on the field you will get information you can use between each series to see how they are planning to attack your defense.

You will put the information beginning yardage information for each series and where the play ended and all the other numbers will figured for you.

The Tabs at the bottom:

You do need a little knowledge of excel to work the sheets. The Tendency Sheet Example tab has three series entered so that you can see the layout of the spreadsheet in action. The next 11 Sheets can be used for each game. The last sheet (Data Worksheet) should not be use for anything. It holds the data for the other worksheets.

Tendency Sheet Example:

When you go to the sheet you will notice little red boxes in the corner of some of the cells. Hover your mouse over the red box and a note will pop up with information.

Tendency Practice Sheet

Use this sheet to practice with, try out old games and see what you are missing.

Video:

If you would like to see how to use the sheet I have created a short video. You can copy and paste the URL or follow the link below.

<http://pixori.al/KVFz>